***English Newsletter No. 997 6/4/2021***

***Kibbutz Yizre'el***

***Translated and edited by Fay Drezner***

***Excerpts from “B’Yizre’el” No. 1997 2/4/2021***

**MAZAL TOV** to **Hedva and David Sharabani** on the birth of their grandson, Shachar and Hadar’s son. Mazal Tov to great grandmother Yaffa Halva, the sisters Oren and Nofar and their families.

**KIBBUTZ GATE** is out of order since it was damaged. Please be careful coming into and out of the kibbutz.

**LAUNDRY:** There will be a delay in reception of clean laundry due to the large amount of dirty laundry because of the holidays, guests and the change over in seasons. You can send regular duvets to the laundry but eiderdowns are to be sent to the dry cleaners.

Many thanks to the staff working so diligently in the Clothing Branch, especially led by the seniors.

**ENTRY TO THE CEMETERY**; Due to renovations it is advised not to enter the cemetery. If you really need to do so, please inform Rafi Baum.

**FROM THE HUMAN RESOURCES DESK – BUSINESS**

In April, Ariel Brin-Dolinko will complete his first three year term as Manager of our Holdings and Agriculture. A team (Shaul Gur, Nitzan R. Feldman, Uri Gilad, Arnon Matalon) has been put together to report on whether to nominate him for a second term. Members who wish to comment on this subject are invited to contact one of the members of the team in the coming week. All information will be collected by the end of April and in May recommendations will be brought before the directorate and then the general Meeting.

**MINDFULNESS COURSE ON THE KIBBUTZ**

The possibility of organizing a Mindfulness Course on the kibbutz is being examined. The course will be run by Omri Ben Simon, an experienced Mindfulness moderator. Mindfulness is a method of training our awareness, of facing reality as it is, without creating superfluous pressure for ourselves. The aim of the method is to acquire tools which will help us cope better, to reduce tension and pressure, and create inner stability.

The price and dates of the course will depend on the number of participants.

Those interested, can participate in a meeting to become acquainted with the method.

For enquiries or to register, contact Yoni Brauman.

FROM THE FOOD BRANCH DESK – A LITTLE ABOUT PESACH 2021

Many thanks to all those who helped to make this festival a success. Those who worked around the clock and to those who gave support and those who complimented us on our efforts. Here are some of the facts and figures about each festival eve.

* 36 hours and two hours sleep
* 84 work hours in one night
* 160 orders for each festival eve with many orders with special requests
* 1200 orders for main portions
* 1600 main portions (you have to make extras and we still ran out of some items)
* 1200 pieces of gefilte fish (100kg)
* 250 kg pullets
* 250 kg beef and brisket - in a 25 hour slow roast
* 350 vegan meals
* 80 kg liver in 450 containers
* 6000 kneidelech – some of them made by senior volunteers
* 180 kg potatoes
* 90 kg cauliflower
* 90 kg broccoli
* 6 kinds of salad = 250 kg vegetables
* 450 containers of charoset
* 450 containers of fresh horse radish
* 200 hard boiled eggs and wings for festival symbols
* 200 kg matsot
* 400 liters of chicken soup
* 150 liters of vegetarian soup
* 50 liters of meat sauce
* 180 cakes

**UPDATE ON THE WORK OF THE DIETITIAN**

The dietitian is continuing to work with the preschool children and the response has been very positive. Fortnightly menus have been made up in order to give variety and constancy. Now working on quantities and taste.

The dietitian has also started working on the public menu. – decreasing unhealthy ingredients and adding healthier ones: no mayonnaise salads, more lentils and roasted green wheat.

**HEVRA COMMITTEE MEETING 24.3.2021**

Ther Mazkirut has asked the Hevra Committee to take up the topic of the future of the Food Branch. They will leave the “here and now” situation of the Food Branch to the head of the Food Branch, the Community Manager and to the Service Committee and concentrate on strategies for the future.

Nachem presented a timetable of actions to be taken so that by August the topic should be ready for the General Meeting.

Participation of the public is essential, to hear suggestions, expectations and comments. What is done on other kibbutzim is an important factor in helping us decide what is right for us.

For the next meeting, what has been done on some other kibbutz will be presented.

**BEHAVIOUR ON THE RUGBY FIELD**

The new rugby field is open to sporting activities. A lot of money was invested in the preparation of the rugby field so we must protect it from damage. Here is a set of rules for the rugby field;

* The ruby field is for sporting activity only by kibbutz residents and the Rugby Association.
* No vehicles are allowed onto the rugby field including bikes, scooters and any other wheeled vehicle.
* No inserting pegs or any other instrument into the ground.
* Keep the field and the area surrounding it clean.
* Contact Amir Beutler or Ehud Ziv to arrange an activity on the field.

The rugby field and area 1004 is fenced off. If people who are not residents or taking part in activities are found in the area they should be asked to leave. If need be, contact Ehud Cohen (the community’s security coordinator) for help.

A grand opening of the rugby field is being planned by the Sports Committee and the Cultural Committee.

**SHOAH MEMORIAL DAY**

**The ceremony will take place in the dining room on Wednesday 7.4.2021 in the evening.**

This year we will commemorate the Shoah differently in three evenings – two of them frontally and one on zoom in the style of “Memorial in the Livingroom”.

+ Meeting with Holocaust survivor, **Moshe Rosenblum and his daughter**, **Rochele.** The meeting will take place on Wednesday 7.4.2021 after the ceremony. The place to be announced.

+ A meeting with **Zimra Baran** who will tell **Anton’s story**. The meeting will take place on Tuesday 6.4.2021 at 17:30 at Zimra’s house.

Register on Kehilanet or with the organizers.

+ Meeting with **David Mittelberg,** second generation of Holocaust survivors **and his daughter, Shuli Mittelberg-Hasheli**. The meeting will take place on Wednesday 7.4.2021 at 20:30 on zoom. Register on Kehilanet or with the organizers.

These meetings are for residents only. Children from 9th grade on and from 7th grade with their parents.

The Shoah Committee; Shani Bauer, Adva and Yaniv Lipshitz, Ofir Griman and Daniel Hyms-Assaf

**“MEMORIAL IN THE LIVINGROOM”** is a new way of commemorating the Holocaust. It takes place in the living rooms of private homes where stories are ttld, songs sung, poems read and discussions are held. It is amore intimate and personal. The idea was started in 2011 by Adi Altshuler and today Matan Freiman, born on Yizre’el, is now Head of the Memorial in the Livingroom Community of thousands of dedicated volunteers who propagate this idea.

**English is Fun - with Rahel**

Advantages of living after 60…

**Perks of being over 60 and heading towards 70**!

* Kidnappers are not very interested in you.
* In a hostage situation you are likely to be released first.
* No one expects you to run – anywhere
* You get into heated arguments about pension plans.
* People call at 9 pm and ask, did I wake you?
* There is nothing left to learn the hard way.
* You no longer think of speed limits as a challenge.
* People no longer view you as a hypochondriac.
* Things you buy now wont wear out.
* You sing along with elevator music.
* Your secrets are safe with your friends because they can't remember them either.
* You can eat supper at 4 pm.
* You can live without sex but not without your glasses.
* Your eyes won't get much worse.
* You quit trying to hold in your stomach no matter who walks into the room.
* Your joints are more accurate meteorologists than the national weather service.

**Old is when** -

…your sweetie says let's go upstairs and make love and you say choose one, I can't do both.

an all nighter means you don’t get up to use the bathroo

…you are cautioned to slow down by your doctor and not the police.

…your supply of brain cells is a more manageable size

…you don’t care where your spouse goes just as long as you

don’t have to tag along.

…is getting lucky when you find your car in the parking lot.

…getting a little action means you don’t need to take a laxative today.

…is you're not sure these are facts or jokes!

***Now that I'm older…***

*If you can't think of a word say, "I forgot the English word for it." That way people will think you're bilingual instead of an idiot.*

*I'm at a place in my life where errands are starting to count as going out.*

*I'm getting tired of being part of a major historical event.*

*I don't always go the extra mile, but when I do it's because I missed my exit.*

*At what point can we just start using 2020 as profanity? As in: "That's a load of 2020!" or "What in the 2020!" or "abso-2020lutely."*

*…………….more next week*

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