

## The Yizraelite – No 2143 Date: 26.1.24

**Kibbutz Yizrael** 



Kibbutz Yizrael and the Family Mourn The Passing of our Beloved **Michal Sadur** 

## **Kibbutz Obituary - Michal Sadur**

Michal was born in Kfar Maccabi in 1944, daughter of Yehudit and the late Avraham, sister of Nir and the late Ehud. She grew up and was educated in Kibbutz Kfar Maccabi. During her service in the army, Michal represented Israel, as an officer, in the delegation to the Netherlands, something that brought her great pride.

In 1962 Michal met Zvi, when he was working at the Kfar Maccabi dairy with her father, and in '64 they became a couple. In '66 they got married and in the same year the twins, Oren and Einav, were born.

In '68 they went to Rhodesia as emissaries for the Habonim youth movement.

In 1971 they moved to Yizrael, and Ayelet was born, and six years after that, Ilan was born.

Michal worked for many years in the education system on the kibbutz, and in the regional school - as an instructor, a home economics teacher and a nature studies teacher, as an assistant in special education, and for many years as an instructor in the after-school activities houses.

Michal was considered the 'mythological educator". She set clear boundaries, specialised in arts and crafts activities, social games, and simple pleasures - campfires, sports games, field cookouts and of course lots and lots of creating - on Jewish festivals, at the almond blossom festival, in countless classes for all ages, using any material at hand, from nature, from shredded paper collected for her at the kibbutz offices, from empty coffee capsules and much more.

She was often involved in organising the Jewish Holiday celebrations, and was in the founding team of the highlight of the summer seaside vacation for the children of Yizrael at Sidney Ali, together with Benny Touz and the legendary Gantz. She ran the summer camps for the children of Maytronics employees and she taught Bar Mitzvah groups in preparation for the traditional climb up to Masada.

Michal instilled in generations of Yizrael children, the love of nature. She had a wide and deep knowledge. She loved to travel very much, loved the beauty of our blooming surroundings, the meadows and almond trees, and the dam, where she loved to fish.

She knew every flower and every bird. When someone found an injured animal, a snake's skin, or a stray hedgehog, it was clear that there was someone in the kibbutz that would be happy to receive them for the "nature corner" at the children's house, or would care for it care until it recovered and could be released.

For many years, all the children of Yizrael, passed through her hands. She had common expressions spiced with her unique humour. She was a significant presence in the children's lives, even when they were already grown up.

The tall, strong and noble Michal, who was also so vulnerable and emotional, and could shed a tear at the sight of migrating birds in the autumn sky.

Michal coordinated our Shavuot ceremony for many years. We celebrated according to the ceremony that she wrote. It was entirely hers, with the customs, the songs and dances, the texts and the parade of the various kibbutz branches.

Michal was so proud of everything that was built here.

Michal, the proud and dedicated family woman. A woman with a warm home, and a glorious family that she founded with Zvi. Four children and 12 grandchildren. Michal baked a number of well-known and excellent cakes. She loved classical music. She would come to every sports competition of her children and then her grandchildren. She went to rugby games. She was a dedicated grandmother and spoke daily to her grandchildren.

Above all, the wonderful relationship with dear Zvi, who supported her in the days of health and strength, and even more so, when she was sick and weak.

A year and a bit ago, Michal fell ill. She fought to remain present, aware, in control. But life has its own plans, and she dwindled away, surrounded by her loving family, until her sad farewell yesterday.

Dear Michal, it's good that you were spared the awareness of the difficult days we are all going through. Thankfully you don't have to suffer anymore.

Dear Zvi, Einav, Oren, Ayelet and Ilan, and all the grandchildren. Perhaps you will find comfort in the fact that something of her is in the hearts and memories of the many whom she educated, and on whom she left her mark. We will miss her very much, and we are with you in your grief.

Michal, we will remember you with love.

Beit Yizrael

Yifat Assaf

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**Edi-Torial:** We are all very sad at the passing of our dear Michal Sadur. We participate in the grief of Zvi, the children and all the family. We wish you all a long life.

This week there is no Phil-osophia column, unfortunately. But we do have an excellent substitute. Please read Amichai Ilan's contribution in "Wartime Visitors" I certainly hope we hear more from him in the future.

# YIZRAELITE READERS WHO RECEIVE A PRINTED COPY, PLEASE NOTE: If you wish to continue to receive a printed copy, please leave me a message on WhatsApp 0523756240. (unless you have already done so)

Have a quiet week. Happy Tu B'shvat. May the rain fall only on the Hamas. May our soldiers stay safe and dry. We pray for the speedy return of the hostages.

Shabbat Shalom. Ed

## **Congratulations to Danit and Ben Kirschberg**

on the birth of their daughter Rona

Congratulations to the sisters, Omer and Adi

Congratulations to the Kirchberg and Shemesh families and Danit's family.

## Wishing you joy, happiness, and health

with lots and lots of love.



## **Community Management Meeting Summary - 14.1.2024**

**Present**: Erez Peleg, Maor Persai, Talia Arad, Inbal Adler, Ilana Peleg, Shlomo Levy, Limor Griman, Yifat Segal, Tamir Blass, Kinneret Govrin, Stas Gavrilov, Yifat Assaf

Absent: Yishai Levy (recruited)

#### **Information and Sundries**

- The community management congratulates Erez Peleg on his election for another term as community manager.

- Today marks 100 days since the disaster of the 7th of October, and the presence of 136 abductees still in captivity. Our hearts are with the abductees and their families and we join the call to do everything possible to release them soon.

- Kinneret (H.R) reported on two major processes that are taking place in the H.R. Management Committee:

**Duty shifts** - a thorough and wide-ranging process is being carried for the sake of a just and equal distribution of labour among all members of duty age. We brought in an occupational doctor who studied the demands of the work, what the tasks were in the food branch shifts, visited the kitchen, picked up pots and pans... and then met with each and every member with a medical exemption, and determined the extent of his competence to perform shifts. The process was not simple.

**Complying with the work obligations** - thorough work is being done on this issue as well. Certain defects were found in the work recording procedure, which interfered with the proper management of the monitoring of working hours. There are a number of members who will receive a warning letter for overusing vacation days, as well as those who are below 70% of their job on an annual average.

Kinneret pointed out that the H.R. management is active and strong, and is putting order in areas that have not been touched for a long time. It is important to note that the H.R. management does not seek to punish anybody, but to convey a message of the importance of making a living and mutual responsibility in order to maintain the cooperative kibbutz.

**Horizontal Budget Cut** - Erez clarified the intention and need for presenting a horizontal cut of 10% in the community's budget and the implications arising from the cut.

#### On the agenda

1. **Aged care procedure** - Inbal Adler, director of the third age cluster, presented a draft aged care procedure, which was discussed and formulated by the Health and Senior Age Clusters. The purpose of the current discussion is to introduce the community's management to the procedure, and to receive comments and feedback from the management.

Since Talia Arad assumed the position of Health and Welfare Coordinator, Inbal and Talia work in cooperation.

#### Points raised in the discussion:

We should add several relevant sections to the procedure from the now defunct, nursing home procedure (Beit Seudi).

In the future, the procedure will return to the community management committee for approval.

2. Adaptation of homes for the handicapped ... will be discussed separately at the next meeting.

3. **Disability parking** - Inbal presented a proposal for a procedure concerning disability parking. The procedure defines the principles of the location of parking spaces intended for the disabled, and is based on the state laws.

#### The procedure was approved.

Yifat Assaf

## **Disability Parking Procedure**

A person with a parking permit for the disabled may, according to the law, park in disabled parking spaces or anywhere, as long as there is no obstruction to the movement of cars or pedestrians.

On Yizrael, there are marked disability parking spaces in every public parking lot.

The kibbutz will strive to mark public disability parking spaces according to the needs of the neighbourhood and its residents, therefore from time to time the matter will be examined by a planning committee. The disability parking spaces will not be reserved for individuals except in a situation where the member needs a wheelchair to get around and there is no available parking close to their home. The member will submit his application to the coordinator of the Third Age Cluster, who will bring the application to the planning committee and oversee the implementation by the building branch.

## Approved by the Community Management – 14 January 2024

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## **Community Management Meeting Summary - 21.1.2024**

**Present:** Erez Peleg, Maor Persai, Talia Arad, Ilana Peleg, Limor Griman, Yifat Segal, Tamir Blass, Stas Gavrilov, Yifat Assaf

Absent: Ishai Levy (recruited), Shlomo Levy, Inbal Adler, Kinneret Govrin

#### 1. Division of community management goals into work teams

Below are the issues that were defined as subjects for treatment by the community management for 2024. Team leaders were appointed on behalf of the community management, and timetables were defined for bringing the issue to the approval of the community management.

Here an	re the	topics:
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Time Limit	Team Head	Subject
May 2024	Limor Griman	Analysis of the demographic situation and finding solutions.
May 2024	Stas Gavrilov	Increasing social responsibility and involvement.
June 2024	Maor Parsai	Increasing income and focusing on future community needs as preparation for the discussion on the profit key.
June 2024	Erez Peleg	Defining the services basket
Sept 2024	Tamir Blass	Enforcing decisions

## 2. Analysis of the results of controls in the food industry

In the last ballot, the control proposal and treatment of extreme cases was rejected by a small majority. Review of the minutes of the meeting of 9/1/23, which sent us to a ballot on one of the three routes, shows that we stipulated in it that after the selection of the route, which we would like to examine, there would be a ballot to decide

between the proposal and leaving the status quo today and would require a majority of 60% for any change.

#### Points raised in the discussion:

On the one hand, the decision leaves a number of families without a solution, (since they do not use the dining room services at all). On the other hand, a financial solution violates the cooperative principle, and it involves a lot of money (about NIS 1000 per couple per month). A financial solution may also lead to more members asking for money for services they don't use (laundry, car...).

We discussed the possibility of convening an asefa in order to examine the issue of solutions separately from the issue of controls, and it was clarified that since it is a ballot decision, no other decisions regarding voting can be made for one year.

In the discussion, it was said that people want controls, but in a different way and not as suggested, and that the food industry should maintain tighter control and not necessarily on the taking of the food. On the other hand, it was said that the food branch is run in a very precise manner and even underwent an economic and purchasing analysis, where it was found that the industry is efficient and the waste stems from behavioural problems of some of the public. It was said that people voted against the control because they did not understand how it would contribute to savings. Others voted against the control because they thought that the complexity of the process would shorten the road to privatization, which they do not want. It was also said that the proposal that was brought was the least complicated for the public. The team also examined the possibility of placing cash registers and accurate registration, a proposal that the team rejected, because it is an expensive solution, which brings the road to privatization even closer.

In response to the question, are there any extreme cases today that are already receiving money? Yifat replied that there are none.

It was said that there are people who ask themselves what the kibbutz can give them.... and not what they can do for the kibbutz. (And remember what they did to JFK – Ed)

At the polls it was decided that it is impossible to introduce controls now, but we as community management can lead a move towards behavioural change, which is ultimately what can lead to savings. We can inform the public about the quantities taken home, about the number of guests, etc. It was suggested people register for selfserve Friday meals as well, because the very act of registering makes people more precise about the number of portions they need, and it was also suggested to offer the 'extreme cases' receipt of products similar to the products that can be received on the weekend.

**Decision:** since it is not possible to open the ballot decision for a year, we will act on the educational level to influence the reduction of waste, and no solution will be provided for extreme cases.

#### 3. Continued discussion on the absorption of evacuees (invited - Uri Gilad)

In our previous discussion on this topic, we talked about examining the feasibility of promoting the absorption of evacuee families. In the current meeting, we continued to discuss the issue, with reference to the possible housing solutions. There are concrete requests from evacuees, to check the possibility of absorption. The matter requires a brave decision to be made on stopping any other absorption, and keeping apartments that are vacated before 2026 for evacuees. (In 2026 it will be possible to return to our planned absorption, because apartments will become available with the completion of the northern neighbourhood).

The planning committee defined the vacated garden branch warehouse area as suitable for placing 4 buildings (Karavilot). This is an area that is defined as a 'special residential area'. You can purchase 100 square metre rapid assembly housing for NIS 300,000 per unit. In our situation today, we cannot finance this expense, with the exception of giving up building plans in the northern neighbourhood, (which will not happen). It can be decided that the evacuee family that comes will bear the costs of the house, from the compensation they receive from the state. The issue of the need for a building permit is clear. This solution will only be worthwhile if we can put them up within half a year from today. Beyond that, it is already better to wait for the apartments that will become available. According to Uri Gilad, any family that chooses to come, will be screened and tested for suitability. It will be necessary to examine and choose, and make a special agreement for these families, with reference to supplementing pensions, seniority, absorption fees and more.

A decision on bringing evacuees for absorption as a directive to the absorption committee should be made at an asefa.

Decision: to prepare a proposal for the asefa to accept 4 evacuee families. Until then, the community management directs the housing committee to keep available. apartments that are vacated without permanent occupancy (meaning not necessarily the apartment itself, but the one that will be vacant after the chain of moves)

Erez Peleg and Yifat Assaf

## H.R. Management Meeting Summary - 21.1.2024

**Participants:** Rotem Agmon, Peter Pezaro, Eddie Solow, Shlomo Cohen, Irit Shemesh, Nir Segal, Yifat Assaf, Erez Peleg, Kinneret Govrin.

**1. There were two closed discussions** on the issue of non-compliance with the work obligation.

#### 2. Additional clarifications were made regarding the work procedure:

#### 2a. Period between jobs for outside workers.

There was another discussion on whether to offset the outside worker's vacation days during the period when he signs for unemployment. It was agreed not to. But it appears that it should be made clear that an outside worker on unemployment between jobs does not get official days to look for a job, unlike a worker inside the kibbutz.

In addition, a supervisor should be appointed to keep track, follow-up and control which should also be applied to outside workers who are between jobs.

## 2b. Utilisation of over 48 days off per year and a deficit in days off

There was another discussion in the management regarding the situation in which the member has used more than the quota of vacation days allowed to be used in the year and the situation arises of a deficit of vacation days accrued. This year, 16 members exceeded the 60 days of leave that can be used per year and there are 8 members who are in a deficit of days off.

**The decision stands:** taking more than 48 vacation days per year will be considered days of absence from work. The same goes for members who are short of days off.

## 2c. Completion of work obligation by sick days or vacation days

## The rewording of the decision:

A member whose total work consists of 30% sickness and/or vacation will be considered as someone who worked 70% or less and the instructions in the work procedure will apply to him.

Exceptions are those who present social security payments or have approval according to the leave procedure.

## \*These decisions will be included as an appendix to the work procedure.

Kinneret Govrin

## Situations Available – H.R.

## Wanted - a public representative director on the Ma'agan Eden Board of Directors

With the completion of Avner Alterlevi's position as a director in the Ma'agan Eden board of directors, we take this opportunity to thank Avner for being on the board of Ma'agan Eden for about 10 years and for being a committed representative with close ties to the company's management.

Anyone who is interested in taking up the position, is invited to contact one of the members of the search team by 9.2.24.

Ofra Shelef, Amir Darom, Hila Alterlevi, Irit Shemesh and Kinneret Govrin

## Some information about the Ma'agan Eden resort - No. 2 -January 2024 – Doron Bichler CEO

As I promised, I try twice a year to update what is happening at the Ma'agan Eden resort.

On the previous information page (July - 2023) I wrote "two difficult years have passed for us due to the "corona virus"

We had no idea that October 7, 2023 - Black Saturday was about to strike.

We are currently summing up 2023. Briefly and without exact numbers, the year started off very well.

The first 9 months (January - September) we finished with record results; we broke all possible records for an entire calendar year. In fact, we "spent" the entire 4<sup>th</sup> quarter (October - December) in the war.

We quickly organised ourselves and even before the state decided to evacuate northern residents and compensate them/us and as early as 15.10.23 we started accepting residents mainly from the north. It was only on October 22, 2023, that the state started paying us for the evacuees.

We managed to fill Ma'agan Eden with 125 families from Kibbutz Sasa, 15 from Kibbutz Bar-am, 7 from the Spantech factory in Kiryat Shmona. We finished the months of November + December with 100% occupancy.

Also, as the war started, we stopped most of the investments, both because we don't have free rooms to upgrade and because we don't know when the war will end.

Overall, the mix of guests with us is excellent. We were able to turn all the meeting rooms in the main building into school classrooms + 2 tents in the parking lot and most importantly to me, we were able to "connect" the community of Kibbutz Ma'agan with the community of the evacuees, which is great.

As CEO, I try to maximize the profits of Ma'agan Eden for the benefit of the owners you. (For the last 3 months, I was more a "community manager" than a CEO)

I can update that the results of Ma'agan Eden in the working year 2023 will be "rare" for the better, with numbers that we never dreamed of ... and we should not get used to them.

In conclusion, I wish all of us some peace and better days. Doron Bichler

## Notice from the Planning Committee

Last week, the Planning Committee published its decision regarding the Dolinko family's request.

The committee's decision was first communicated to the family and then published in the bulletin.

We understand that the family was not aware of the publication of the decision, as part of our usual report about committee decisions. These decisions are published so that members can appeal committee decisions.

We apologise for any embarrassment caused by publishing the discussion details.

We take note of Nofar's comments and will discuss how member requests will be published in the future.

## In Preparation for the Elections for the Kibbutz Movement Leadership

Next month there will be elections for the leadership of the Kibbutz movement. **I** intend to vote for Lior Simcha. I met him recently, when he visited several times a week to the dairy farm in Kibbutz Nir Yitzchak, where I volunteer, with the aim of helping the dairy farmers to restore the dairy farms that stopped working after 7/10. I met a man who uses politics for the good of the people, and from conversations with him I was very impressed by his values and care for others. In this time, when the kibbutz movement is facing the biggest challenge in its history, it is right to choose a person with proven experience, knowledge, values and humanity.

The upcoming elections for the head of the TKC will have a great impact on the future of the kibbutzim, and the man I met is the right man for the job!

#### Navot Assaf



Avichai Ilan

The "No Name" war found Orna and me in Greece. After we returned to Israel, we spent two months wandering in the "Parkur" area (Pardes Hanna Karkur), where we learned everything we could about the world of sublet apartments. Finally, we arrived at Kibbutz Yizrael, where Elad, Adi and Dror live.

Our kibbutz experience helped us adapt quickly to the ways of the place and even break some records in the kibbutz achievement index. For example: within a month we changed 3 laundry numbers. As members of a kibbutz, it is of course impossible to avoid the comparisons. After decades of sending laundry in our kibbutz, we have only had three laundry numbers, and this includes the laundry numbers we were allotted in our youth. Our highest achievement so far is the miracle button that opens all doors. This is undoubtedly the pinnacle of the kibbutz member's ambitions.

In the spirit of these days, we were immediately added to the coveted local WhatsApp groups, "Messages to Guests" and "Hosts and Guests". These groups take care of all our needs, those we knew about and those we didn't. In the Yizrael dining room, we were amazed to discover a varied and delicious selection of dishes, throughout most of the day. In addition to this, we visited other important institutions in the kibbutz: a laundry, a department store, a petti cash office, a members' Moadon and a food truck, and we were even invited to the veterans' club: a kind of " shortcut" to old age?

We got to know some of the more mythological characters in the place (Have we mentioned "Shkolnik? yet). We learned that "Musli" is not just a type of breakfast cereal. For further updates on what is happening on Yizrael, we read Phil's deep

Phil-osophia column in the Alon.

Of course, after all this good, we must also point out some problem because, if you don't know how to complain, your place is not on the kibbutz paths. The problem we encountered is that of the water on Yizrael. The water, it turns out, is very rich in hypochlorite sodium, or in less scientific words, it has a "crazy" amount of chlorine in it. To distinguish it from real water, I gave it the name "May Tronics". In order to make it palatable, we leave it out overnight so that the chlorine will evaporate. I assume that older members of Yizrael have already become resistant to "Tronix water". When they travel outside the kibbutz, they probably take an emergency supply of "Tronix water" so that they do not have to adapt to the water in foreign lands.

That is all for now. We hope to return soon to our home in the north. (Where the waters are sweet and the sky is not cloudy all day. Let it be. Edi-tor)

Avichai (Dror's grandfather)



## Little Tips for Big Feelings - Gaya Sankar

Mother Earth - Yesterday we celebrated Tu B'shvat, The New Year of the Trees.

Even if, as adults, it has lost a little of its excitement, it is still a wonderful holiday. Remember how as children we would be excited to bring home a pot that we made ourselves, eat fruit (thank God not just dry) and proudly sing "So go the planters"?

Tu B'shvat invites us to connect back to nature.

And indeed, it is the holiday for trees, but I want to invite us for a moment to focus specifically on the soil – that which enables their growth, the existence of animals, the existence of life itself.

The earth moves under us quietly, without us noticing it at all. We are so busy with trees and flowers, that we almost never stopped to say "how beautiful the earth is". And in this silence of hers, she gives everything. Without the need for recognition, she nourishes us, contains us, makes life itself possible. It's wonderful.

From a physical point of view, being close to the earth is very enriching.

## A brief moment of physics:

Everything in our world carries a certain electric field, including us - humans. Countless electrical processes are constantly taking place inside our body, which activate the heart, the immune system, the muscles, the nervous system, and in fact - every minor function in our body. Hence, there is a great importance to keep it in balance.

In our modern and busy lives, we accumulate an excess electrical charge in our bodies. At the same time, in contrast to us, the earth around us carries a negative electric charge. Thus, during contact with it, our body discharges tension, and at the same time receives electrons with a negative electrical charge that are essential for our normal functioning (we will expand on this another time), and our electrical charge balances out.

More and more studies prove the health benefits of being in contact with the earth among them, the balance of the adrenal gland and the secretion of the stress hormones - cortisol and adrenaline. These hormones affect our feeling of tension, stress and anxiety, a feeling of lack of energy, and also the weakness of the immune system and the appearance of various diseases. Through their balance, we gain many benefits, starting with better sleep, improved blood circulation, balancing feelings of stress and anxiety, balancing pain and inflammation levels, and more.

What can you do? Just restore contact with the ground.

This can be done by walking barefoot on the ground, on sand or grass (the last two are recommended to be slightly wet), give yourself time, a momentary break from the stressful day to day. Be with yourself and recharge.

You can also have a picnic in nature, dip in natural water sources, or work in the garden.

There are those who recommend a period of half an hour every day, but this is really not a rule of thumb. Even 5 minutes of enjoying getting your hands dirty in the soil while planting a pot plant, or staying barefoot in a carob lookout in the field, provide a healthy and pleasant charge.

By the way, this is a great way to help the children regulate their feelings in these troubled times, and a wonderful bonus opportunity to spend quality time with them (or alternatively, a wonderful excuse to escape from them for a while. "Mum needs to recharge". What could be better).

Wishing you a restful weekend

And we'll meet in the meadow. Gaya

## Tu B'shvat Events

Friday 26.1

19:00 - Tu B'shvat holiday ceremony

and dinner served to the tables

## N.B. The rest of the Holiday activities have been postponed till the 9.2.24

## Due to bad weather

<u>English is Fun – with Rahel</u>

VEGETABLE NAMES

## CABBAGE

Originated in Asia and introduced to Europe by Alexander the Great, about 325 B.C. The name comes from the Latin *caput*, meaning "head".

## SCALLIONS

These tiny green onions owe their name to the biblical city of Ashkelon. When the Romans conquered the city, they called the tiny onions caepa Asconolia or "onions of Ashkelon. This became "scallions".

## JERUSALEM ARTICHOKES

These sweet starchy roots did not grow in Jerusalem and they are not artichokes. Native Americans used them as bread. The mix-up came when a Spanish explorer thought they were some kind of sunflower. *Girasol* (turn to the sun) is "sunflower" in Spanish. An American heard it as "Jerusalem". No one knows why he also added "artichoke".

## BROCCOLI

The word comes from the Latin *brachium*, or "branch". It was developed about 2,500 years ago on the island of Cyprus and was a popular dish at ancient Roman banquets. (The Roman Emperor Tiberius, who ruled from 14 to 37 A.D., once publicly scolded his son for eating all the broiled broccoli at a state banquet.) It was popularized in the U.S. by Italian immigrants.

## KIWI FRUIT

Originally from China, they were imported to New Zealand in the early 1900's and renamed "Chinese Gooseberry". They finally made it to the US in 1962, and a Los Angeles distributor, Frida Caplan named it after the New Zealand national bird. It took 18 years before the American public started buying it.

## CANTALOUPE

A type of muskmelon brought to Italy from Armenia in the last century A.D. and grown in the town of Cantalupo, which is where it gets its name.

.....more next week



## Programme for 28/01/24 – 01/02/24

#### Daily 08:30 – 12:00 – coffee, cake, chats, board games

#### Sunday 28/01

Opening the week with Monica.

09:15 Zoom Lecture

10:30 Ceramics room open with instruction from Ziv Ben Bassat

#### Monday 29/01

O8:00 Pedicure with Limor Mualem (by appointment only)

09:30 The Art of Drawing with Chas Broadhurst

16:00 Or B'Givah is open for coffee, cake, and chats.

18:30 Music Appreciation with Stas (2<sup>nd</sup> meeting)

#### Tuesday 30/01

09:30 Trivia and thinking games with Galia Shemi

10:30 Ceramics room open with instruction from Ziv Ben Bassat

#### Wednesday 31/01

09:30 Lecture – Politeness and Manners – Rochele Matalon

14:00 Ceramics room open with instruction from Ziv Ben Bassat

#### Thursday 01/02

07:00 Pedicure with Na'ama Baum (by appointment only)

10:00 Movie screening with Galia Shemi

17:15 Exercises on chairs with Michal Sha'anan

## **Credits:**

Translated and edited: Eddie Solow Proofread by: Biff Markham Oren Printed by: Zohar Assaf and Hedva Sharabani

**Disclaimer:** N.B. The Edi-tor and translator does his best to provide an accurate reflection of the Hebrew Alon. Please be warned that it is not a direct translation. The original Hebrew text is the official version. This is of particular importance when it comes to decisions and procedures!!!