

The Yizraelite – No 2248 Date: 13.3.26

Kibbutz Yizrael - Cyber Edition

We share in the sorrow of Nissim Yaakov

on the death of his brother, Mordechai (Motti) Ze'ev Yaakov.

May you know no more sorrow.

**Nissim is sitting shiva at his home
on Kibbutz Yizrael.**

Edi-torial: This past Sunday was **International Women's Day**. Had we not been so concerned about our war, we might even have dedicated some time and effort to mark the occasion. These past few years, Israeli women have taken their rightful place among the brave warriors that have defended our country, that has been so badly let down by our (predominantly male) leaders.

In honour of the occasion, the newsletter is dedicated to Women's Day. The song *Baraye* by Shervin Hajipour follows. It was inspired by the tragic death of Mahsa Amini. There is an interview with our own Moran Kuperman published in the prestigious insurance industry magazine, "Adif". For dessert I checked out the comparative longevity statistics for men and women and I wasn't surprised. I then checked out the gender distribution and kibbutz committees on Kehilanet. Not bad, but could be better. Read on.

Lyrics of the song “Baraye” by Shervin Hajipour

https://www.youtube.com/watch?v=0th9_v-BbUI&list=RD0th9_v-BbUI&start_radio=1

For dancing in the streets
For being afraid when it’s time to kiss
For my sister, your sister, our sisters
For changing the minds that have grown rotten

For shame, for poverty
For the longing for a normal life
For the child who scavenges through rubbish and dreams
For this command economy

For this polluted air
For Vali-e Asr Street and its worn-out trees
For Pirouz and the possibility of his extinction
For the innocent dogs that are banned

For the endless tears
For the image of this moment repeating
For the face that smiles
For the schoolchildren, for the future

For this forced paradise
For the imprisoned intellectuals
For Afghan children
For all these “for”s that cannot be repeated

For all these empty slogans
For the rubble of fragile homes
For the feeling of peace
For the sun after the long nights

For the pills for nerves and the sleeplessness
For the man, for homeland, for prosperity
For the girl who wished she had been born a boy
For Woman, Life, Freedom

For freedom
For freedom
For freedom

The song *Baraye* by **Shervin Hajipour** was inspired by the tragic death of **Mahsa Amini**, a 22-year-old Iranian woman who died after being detained for allegedly violating hijab regulations. Her death,



attributed to severe mistreatment by the religious police, ignited widespread protests both within Iran and around the world, symbolising the people's call for freedom and change. Using the powerful slogan "Woman, Life, Freedom," which resonated with protesters, Hajipour's lyrics captured Iranians' desire for reform. The song quickly went viral, accumulating more than 40 million views on Instagram within 48 hours before authorities intervened, detaining Hajipour and forcing him to remove it from social media.

Hajipour's lyrics were crafted from original tweets by Iranians expressing reasons for their frustration, each beginning with the word "baraye" ("for"). The song's music video, filmed simply in a room with a stationary camera, paired each verse with screenshots of these tweets, making *Baraye* a direct expression of collective voices. The song gained international acclaim, and on 05.02.23 it became the first recipient of the **Grammy Award for Best Song for Social Change**. Presented by **Jill Biden**, the award recognised *Baraye* as a global symbol of resilience, solidarity, and the desire for freedom in Iran.

On Sunday this week, International Women's Day was marked.

The song "Baraye" (برای in Persian) was written in memory of Mahsa Amini, who was arrested and beaten by the Revolutionary Guards in September 2022 because of the way she wore her hijab. She was in a coma for two days and died.

You can listen to the song translated into Hebrew here:

<https://www.maariv.co.il/culture/music/article-1219305>

You can listen to the original song here:

https://www.youtube.com/watch?v=0th9_v-BbUI&list=RD0th9_v-BbUI&start_radio=1

Reut's Editorial:  The second week of "Operation Lion's Roar" has come to an end. The Covid generation of school children has once again been forced to study on Zoom, this time after sleepless nights, marked by repeated alerts and sirens. The is exhausting. Anyone with a close family member serving in the army is surely even more worn out by worry.

On our hill, the light shines bright: the emergency team and the standby squad inspire a sense of security, the dining hall provides food in abundance, the kibbutz shop is open daily, the clinic is operating, the Culture Committee is holding activities while strictly complying with the restrictions, and the education system is also doing whatever is possible. The library has resumed service, and the laundry has also gone back to functioning, to the delight of everyone who spent several days washing their clothes.

Will this war really change the face of the Middle East as promised?

Congratulations to Alita and Enan on the birth of a daughter.



Granddaughter to Ruth and Yossi.

Congratulations to the entire Mor family and

Grosser family. 🌸



Summary of the Community Management Meeting - 10.03.26

Participants:

Erez Peleg, Talia Arad, Yifat Segal, Kinneret Govrin, Maor Persai,
Noga Harpaz, Naomi Amit, Shlomo Levi, Tami Penn, Tamir Blass, Limor Griman

Agenda

Purchase of protective shelters for the public area

Erez Peleg, Community Manager, presented the current protection situation as regards protected spaces. There is a severe shortage of protected spaces in the entire area between the dairy and the early childhood buildings.

This means that workers in the laundry and the offices cannot reach a protected space within one minute. This affects the kibbutz's ability to maintain continuous functioning, as we have already seen in the case of the closed laundry.

In addition, in recent days it has become clear that there is difficulty operating the early childhood system when many workers from nearby workplaces (accounts office, clinic, Or BeGiva, and the electrical workshop) rely on their safe rooms.

Community Management was presented with several alternative locations for placing protective shelters that could meet the needs raised.

A shelter of 5 square metres, which can provide protection for about 12 people, costs 65,000 ₪.

The estimated cost for bringing three such shelters, including preparation of the infrastructure, is 200,000 ₪.

Maor Persai, Finance Manager, presented the budget sources for purchasing the shelters:

50,000₪ remaining in the war budget, plus 150,000₪ from unspent funds from the 2025 budget.

Decision:

Community Management approved the immediate purchase of three protective shelters for the public area at a cost of 200,000 ₪.

The shelters will be placed in the following locations:

- The small parking area opposite the clothing storehouse
- Near the old secretariat building
- Between the electrical workshop and the clinic

Submitted by:

Limor Griman

Security Update - Limor Griman



Over the past week we have continued to cope with a complex security reality that requires alertness, responsibility, and cooperation from all of us. During the week the alarm sounded several times.

In some cases, large and dangerous interceptor fragments fell on communities in the area. These incidents once again illustrate the critical importance of entering a protected space immediately whenever an alarm sounds, **without delay**.

As of the time of writing, the kibbutz siren system is not functioning. This is being handled by the Regional Council and the Home Front Command. The alerts from the Home Front Command app are the only warnings we receive. It is therefore very important that all residents install the Home Front Command app on their phones (**and do not close their phones at night! – Ed**).

An alert received through the Home Front Command app must be treated as a full alarm.

When launches are detected, an early warning is issued, allowing people to move closer to a protected space even before the siren is heard. It is important to use this time to improve your position so that you can reach the protected space in time.

When a message is received instructing people to enter a protected space, whether through the app or the siren, we have only one minute to enter the protected space and close the blast door. Arriving late and opening the protected space after the minute has passed endangers both those who arrive late and everyone already inside.

If it becomes clear that you cannot reach a protected space in time, it is better to lie on the ground and protect your head rather than continue running.



From the community preparedness perspective, **the purchase of three new mobile shelters has been approved.** They will be placed in public areas above the kibbutz's main road. These shelters are intended to allow the continuous functioning of the service branches and offices, in accordance with Home Front Command guidelines. One shelter has already been placed in the small parking lot, and two additional shelters are expected to arrive during the coming week.



New mobile shelter between the laundry and parking lot.

According to the current Home Front Command guidelines, gatherings of up to 50 people are permitted, provided that a protected space can be reached within one minute. Work may also take place in non-essential workplaces, but only when such protection is available. Formal educational activities are not permitted at this stage, but informal activities may take place near a protected space.

In accordance with these guidelines, the dining hall continues to operate in a takeaway format only. The early childhood system provides a community-based response with

the help of parents and additional volunteers, and the social education system has resumed activity in coordination with the schools' remote learning hours. Classes and activities may take place only in locations where nearby protection is available.

Any activity you wish to organise, requires approval from the Emergency Response Team.

Due to the many missile and drone interceptions, interceptor fragments may be found on the ground, and contact with them can endanger lives.

Please remain highly alert. Before going out to play with children in the playground, the yard, or the sports field, check the area to ensure there are no unexploded fragments or suspicious objects nearby.

If you encounter suspicious objects, move away immediately, keep others away, call the police emergency number 100, and report it to us as well.

We ask everyone to act responsibly, remain alert, and follow the safety instructions. They save lives.

We will continue to monitor the situation and update you regarding any changes or developments.

We wish us all quieter and safer days.

Emergency Response Headquarters, Kibbutz Yizrael

Summary of the Executive Committee - 02.03.26



Participants: Jeremy Perling, Eviatar Assaf, Uri Gilad, Elad Ilan, Doron Kagan, Limor Griman, Idan Zelas, Inbal Pezaro

Agenda

1. Approval of the Amendment to the Local Committee Budget for 2026

Maor Persai, the Finance Manager, presented the Local Committee budget for 2026.

The Local Committee's income comes from financial transfers from the Regional Council. Budget expenditures cover activities defined as municipal services, such as culture, gardening, maintenance of roads and pavements, youth movement activities, and similar services.

An initial budget of ₪72,000 was approved in November 2025. However, the Regional Council later announced that the council allocation for 2026 would increase to ₪158,000.

Decision:

The Management Committee, sitting also as the Local Committee, approved the amended budget in the amount of ₪158,000.

2. Approval of the Local Committee Financial Reports for 2025

Maor Persai, the Finance Manager, presented the financial reports for approval by the committee members.

Decision:

The Management Committee, sitting also as the Local Committee, approved the financial reports for 2025.

3. Information and Discussion on Legal Matters.



- a. Four legal proceedings are currently underway in parallel between the Nanikashvili family and the kibbutz or members of the kibbutz.
- b. Two additional legal proceedings are underway under two large insurance claims. To date, no regular reporting has been provided by the kibbutz's insurance officer regarding legal proceedings related to insurance matters.

Decision:

It was decided that the insurance officer will be invited to the Management Committee twice a year in order to provide an overview of the subject.

4. Various Reports

The Management Committee discussed actions taken following the cancellation by the court of Zivit Nanikashvili's lawsuit against the kibbutz and the expiration of the temporary injunction. Questions and ideas for further examination were raised.

Decision:

It was decided to hold, as a matter of urgency, a joint discussion of the Management Committee with Community Management and the legal advisers. *(See Below – Ed)*

Summary prepared by:

Limor Griman and Jeremy Perling

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**Joint Executive Committee and Community Management Meeting
- 08.03.26**



Participants: Jeremy Perling, Eviatar Assaf, Uri Gilad, Elad Ilan, Doron Kagan, Limor Griman, Idan Zelas, Inbal Pezaro, Erez Peleg, Maor Persai, Yifat Segal, Noga Harpaz, Shlomo Levy



Guests: Maayan Ochaiyon, Advocate; Omer Cohen, Advocate



Discussion regarding the Nanikashvili family – joint decision-making by the two management bodies ahead of steps to be taken.

Advocate Omer Cohen reviewed the legal process:

The dispute began in 2013, when the kibbutz terminated Yuval’s membership, and since then the family has not paid for housing and services. A financial claim filed in 2017 was withdrawn in 2019 in favour of an attempt at dialogue, which ultimately failed, and the debt continued to accumulate to more than ₪600,000.

Following a process of warnings and General Assembly decisions, Zivit’s membership was also finally terminated in December 2023. The Registrar of Cooperative Societies confirmed that the voting procedure had been conducted properly.

In 2024, Zivit and Yuval filed a lawsuit challenging the General Assembly’s decision. Together with the claim, a temporary order was issued instructing the kibbutz to continue providing basic services against payment.

In mid-January 2026, the Nazareth District Court dismissed the family’s lawsuit seeking to cancel the termination of membership after they failed to appear for the hearings. The kibbutz’s counterclaim, in the amount of approximately ₪680,000, is still pending, and a ruling is expected within about two months.

Once the judgement is issued, it will be possible to initiate enforcement proceedings for the amount awarded.

1. Advocate Maayan Ochaiyon reviewed the legal actions taken since the dismissal of the lawsuit:

- A letter was sent demanding that the family vacate the house and leave the kibbutz.
- claims were filed with the enforcement authorities to collect legal expenses awarded during the legal proceedings.

2. Limor Griman, the kibbutz secretary, reviewed the actions taken with regard to the termination of services following the dismissal of the lawsuit and the expiry of the temporary order:

At the beginning of February, a letter was sent informing the family of the termination of health insurance payments, television services, internet services, access to the Food Branch, and supplementary education services.

Despite these notices, the family continues to send the children to activities and to take food from the Food Branch. Several warning letters were sent, including details regarding non-participation in external activities and the “Ma’avarim” transition programmes in education.

It should be noted that the family has already been blocked from making purchases at the Kolbo, from using vehicles of the Transport Branch, and from using the laundry.

The family claims that these actions are illegal, threatens to renew the lawsuit, and has even filed a request for a restraining order against one of the kibbutz office-holders. Throughout this entire period, members of the family continue to come to the Food Branch and to the education frameworks.

After the reviews were presented, an open discussion was held. Ideas for action were raised and legal opinions were provided regarding them.

All proposals will be examined by the office-holders. A detailed report on them will be provided to the two management bodies.

Summary prepared by:

Limor Griman and Jeremy Perling.

Update from the Steering Committee for the Social Process



We would like to share with you the first steps of the social process that began in December.

The goal of the process is to build a shared and agreed future together, through sincere listening to all the voices in the community and a genuine desire to hear the full range of opinions and positions that exist among us. The process is intended to conclude with decisions reached through broad agreement.

To build the process, the Executive Committee appointed a steering committee. The steering committee includes the following members: Yifat Assaf, Peter Pezaro, Tamir Blass, Arnon Matalon, Einav Nagar, Yaniv Shapira, Uri Gilad and Limor Griman.

The role of the committee is to outline the methodology of the process and to manage it with transparency and neutrality, without determining its content or outcomes in advance.

The committee's first task was to select a consultant to accompany the process.

We met with four different consultants. After discussions with them and receiving feedback from previous clients, we chose Esti Ashkenazi, from Kibbutz Kfar Haruv, an experienced consultant who brings with her extensive experience with community processes.

So far, we have held two intensive working meetings together with Esti, in which we began mapping the challenges and building the foundation for the continuation of the process.

One of the central issues that occupied us in these meetings was choosing a name for the process.

This may seem like a technical detail, but for us it was a deep and meaningful discussion intended to help build the public's trust in the process. We looked for wording that would be "neutral" and non-threatening. We wanted to ensure that the name would reflect our genuine intention to create a space for listening and meeting, where everything can be discussed and every opinion can be expressed.

We realised that the concerns raised within the committee reflect what exists among the wider public, and it was important for us to find a title that would invite discussion rather than create defensiveness.

In the end, we chose a name that expresses how we understand the goals and purpose of the process:

“Designing a Shared Future, Meeting, Talking, Listening.”

What are the next steps?

- In about a week, we will meet with the two leadership bodies that guide the kibbutz, the Executive Committee and Community Management, and present our work and the proposal we have built for the process.
- After Passover, we will begin a series of community meetings. These will take place in small groups, with the aim of reaching as many members as possible and allowing everyone who wishes to express their views in a respectful and thoughtful way.
- In addition, Esti will hold discussions with a wide range of members on the kibbutz in order to hear the nuances and the different perspectives that exist in the community.

There is much to look forward to. This is a process that belongs to all of us, and we believe that broad participation by members will help bring Yizrael to a better place.

Yours,

The Steering Committee – Yifat Assaf, Peter Pezaro, Tamir Blass, Arnon Matalon, Einav Nagar, Yaniv Shapira, Uri Gilad and Limor Griman

Updates from the Reserve Fund, March 2026



Below are two updates from the Reserve Fund (also published on Kehilanet, so anyone who has already read and absorbed them there, is welcome to doze off: *(I know it*

sounds like me but it is entirely Elad Ilan's sense of humour – Ed)

1. Change of pension and actuarial adviser

In recent years, the kibbutz has been receiving pension advisory and support services for its members from Eyal Harel.

We would like to update you that a merger has recently taken place between Eyal Harel's pension advisory company, which has been accompanying the kibbutz, and "Mishkei Teneh" of the Agricultural Insurance Group, which will continue to provide pension support services to kibbutz members in the future as well. As part of the

merger, and in order to ensure the continued professional and uninterrupted handling of the pension rights of kibbutz members, the existing pension information relating to kibbutz members will be transferred to “Mishkei Teneh,” which will continue to hold and process the information for the purpose of providing services to the kibbutz and its members. It is important to emphasise that the transfer of information is solely for the purpose of continuing the pension advisory and support services, and will be carried out while maintaining confidentiality and privacy protection, in accordance with the law.

Accordingly, and as part of arranging the continuation of the work, all members will sign a new power of attorney during the course of the year for obtaining information from the Pension Clearing House, which will from now on be in favour of “Mishkei Teneh.”

We thank members in advance for their cooperation and will continue working to ensure professional guidance and the best possible management of the pension system and the pension rights of kibbutz members.

2. Loss of earning capacity insurance

Since mid-2025, we have updated the Reserve Fund’s pension policy in a way that creates insurance coverage for all members, whether they are outside workers, with monthly pension contributions from their employers, or inside workers, on the kibbutz and in its corporations. Through a monthly deposit for all members, we receive insurance coverage from the pension fund for cases of, God forbid, disability related loss of earning capacity or death. In light of this, we wish to maximise rights as much as possible in the context of loss of earning capacity as well. In the near future, we will approach members for whom this may be relevant and connect them with a lawyer specialising in the field, so that that discretion will be maintained. The benefit to the kibbutz could be very significant wage replacement in addition to National Insurance compensation. We ask for members’ cooperation on this sensitive matter.

As always, if there are any questions or comments, we are available, even under fire and if necessary, by dodging interceptor debris,

Natasha Chernakovsky and Elad Ilan, Reserve Fund



Update from the Finance Management

Maor Parsai

The annual statements are being received by members, regarding the amount saved in the National Insurance Institute's "Savings for Every Child" programme.

As you remember, Kibbutz Yizrael decided that this savings plan forms part of the fund that will be used for the children's future studies. In order for us to keep track of each child's savings balance, anyone who has received a letter at home from the investment house managing the fund is asked to send us a copy of the letter. Please place the copy in Inbal Pesaro's drawer in the mazkirut.

A few additional points on this matter:

If you had a baby this year, the mother is asked to log into her personal area on the National Insurance website, choose to increase the savings at the expense of the child allowance, choose the risk level for the savings plan, recommended: high risk, and choose the investment house.

Has your child reached the age of 21 and received notice that the deposit has been released? Please remember that the deposit is intended to finance studies. You may not withdraw this money. Anyone who uses the money for other purposes will have the amount deducted from their study fund accordingly. Please refrain from making withdrawals.

Once we have collected all the information, we will send all parents an update on the balance of their children's study fund. You are welcome to contact me (Maor) or Inbal.

Interview with Moran Kuperman – "Adif" Magazine - International Women's Day Issue. March 2026

Full Name: Moran Kuperman

Age: 48 (Date of Birth: 08.03, International Women's Day)

Academic Education:

Bachelor's degree in Insurance, licensed insurance marketer, studies in mediation, human resources and corporate directorship.

District Manager for the North and Sharon regions at Shacham Orlan Insurance Agency and a director in a public company. She entered the insurance industry at age 21 and brings more than two decades of experience. She leads agents and strategic processes with the belief that true leadership is measured by the ability to develop people, not only by numbers, within the professional and progressive environment that characterises Shacham Orlan.

The Personal and Professional Journey in the World of Work

1. The moment I realised this was my field

“I entered the insurance world at the age of 21, almost by chance. Very quickly I realised that this field touches the very core of people’s lives. Insurance is not a product sitting on a shelf. It is security, stability, and a deep responsibility towards families and businesses. The moment I understood the magnitude of its significance, I chose to specialise, develop and deepen my expertise in the field. Over the years I managed, led, built processes and developed people, and together with them I grew as well.”

2. The most significant milestone in your career so far

“The transition from my role as a professional referent to the world of management and mentoring was a very significant milestone. But without doubt, my appointment as District Manager for the North and Sharon regions at Shacham Orlan Insurance Agency was a central turning point. It meant a shift to broader responsibility and real influence, not only over processes but also over people, organisational culture and growth in many areas. At Shacham Orlan I found a high-quality, progressive and values-driven organisation that believes in women’s empowerment and professional leadership. I realised that leadership is not a title, it is influence. It is the ability to see far ahead, to make complex decisions, and above all to believe in people before they believe in themselves. Guiding people, connecting them to their personal values and building a long-term path is the heart of my role today.”

3. What drives me at work

“What drives me is the ability to create meaningful change in the world of insurance, not only for the company but for the people behind the numbers. My vision is to accompany others in their growth, to develop talent and to create an environment in which women can fulfil their potential to the fullest. My belief in women’s strength, combined with experience, values and influence, is the fuel that motivates me every day.”

4. Professional aspiration

“My aspiration is to lead an organisational initiative that will change the way women and management are perceived in the industry, bringing greater representation, more

professional mentoring, and more opportunities for growth and influence. I aspire to leave a mark that will continue even after I leave my current position, and to help create a framework in which strength, belief and women's influence are part of the organisation's DNA."

Women's Leadership in a Changing World

How do you define women's leadership in 2026? Does it have different characteristics, or is it essentially the same game?

"Women's leadership is a combination of soft strength and clear determination, the ability to listen, guide and empower while making courageous and sometimes unconventional decisions. The leader of 2026 knows how to use her human talent and experience to create influence, shape her environment and instil the values that matter to her. It is not a game of power alone, but a game of influence, connection, wisdom and empowerment."

Have you ever encountered situations where you felt you had to prove yourself more? If so, how did you deal with it?

"Of course. The insurance world is traditionally a male-dominated world, and over the years I often encountered higher expectations simply because of my gender. My way was not to struggle to prove myself but to demonstrate strength through real work, values and influence. By mentoring and empowering my team, I turned the challenge into an opportunity to show that women's leadership is professional, connected and empowering. Fortunately, the organisation I work in today sees women as equal."

What has changed the most for women in the industry over the past decade, and what has hardly changed at all?

"Over the past decade, more women have received opportunities to reach senior positions and make an impact. What has not changed is the constant need to prove yourself twice as much, and sometimes the contribution of women still does not receive the recognition it deserves."

What talent or quality do women bring to leadership positions that is sometimes under-recognised?

"Determination combined with empathy, the ability to guide and empower a team while maintaining principles and values. The ability to combine intuition with professional analysis and to create lasting influence is a quality whose power is not always fully appreciated, but it lies at the heart of future leadership."

Looking Ahead: The main challenge young women will face in the coming years in the new world of work

"Young women will face challenges such as rapid technological change, intense

competition and the constant need to balance work and personal life. At the same time, these are also opportunities, opportunities to harness their personal abilities, to influence and to build career paths that align with their values and vision.”

One change you would like to see in the insurance and financial sectors so that women can advance more naturally

“A cultural change in which women’s strength, professional mentoring and empowerment are an integral part of the system rather than something that constantly needs to be proven. I believe that in such an environment women will be able to grow and influence without unnecessary barriers, and that will strengthen the entire industry.”

One sentence for a woman at the beginning of her career

“Believe in your strength, stay true to your values, and follow the influence, intellect and heart you wish to bring into the world. Remember that your strength is the key to success and to real change.”

Company Name: Shacham Orlan Insurance Agency

Total Number of Employees: 450

Percentage of Women in the Organisation: 40%

Percentage of Women in Senior Management: 50%

The Importance of Women’s Leadership in the Industry

Ran Baram, CEO of Shacham Orlan:

“Women in the organisation are not only part of the human workforce. They are a driving force of innovative thinking, managerial sensitivity and strength that advances results. An organisation that chooses to empower women is choosing to empower the future of the organisation. This is no longer merely a values-based declaration of intent, but a working model that proves itself in practice through results, management and resilience.

Submitted by: Rochela Matalon, Manager of the Outside Workers Branch

My Second Nature | Nymphalids

בוא אלי פרפר נקמז, שב אצלי על פה הקד, שב תנוח אל תירא, ותעוף בקזרה.

(פניה ברגשטיין)



“Come to me, nice butterfly, sit with me on the palm of my hand, sit and rest, do not fear, and then fly away again” (Fania Bergstein).

Israel is blessed with a great variety of butterflies. There are about 140 species from six families, fluttering through our skies throughout the year, in our gardens and in the nature close to us.

“I Identified a Butterfly” is an Israeli website where one can learn about and get to know the butterflies of Israel, their families, the differences between the sexes, what the caterpillars and eggs of the various butterflies look like, and more.



Two butterflies, (not the only ones), from the nymphalid family can be seen now around Yizrael. The Painted Lady (L), which holds the title of the most widespread butterfly in the world, and the Small Tortoiseshell (R), a beautiful

butterfly. This is the first year that a relatively large number of individuals have been seen around the kibbutz.



It may be that this is a result of the no-spraying policy that the gardening branch has adopted over the past several years, in order to create a healthier ecological environment for all the living creatures in our shared space. On the one hand, this is my private opinion, and on the other, it is my sincere hope. Time will tell.

Shabbat shalom,
Rotem Agmon

Chat's contribution: Nymphalids are butterflies that belong to the scientific family **Nymphalidae**, one of the largest butterfly families in the world. About **6,000 species** belong to this family, and many of the most familiar butterflies people see belong to it.

One distinctive feature of nymphalid butterflies is their **reduced front legs**. The front pair is small and often tucked close to the body, so the butterfly appears to

walk on **four legs instead of six**. Because of this they are sometimes called “**brush-footed butterflies**.”

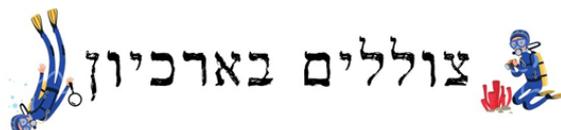
Many famous butterflies belong to this family, including:

- **Painted Lady** – one of the most widespread butterflies in the world
- **Small Tortoiseshell**
- **Monarch butterfly (Bottom Right)**
- **Red Admiral (Bottom Left)**

They are often colourful butterflies with striking wing patterns, and many are strong migrators.



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Delving into the Archives

We have had two difficult weeks. Two weeks of missiles, sirens and shelters and safe rooms. We, and all the people of Israel, are experienced in such things. And yet, alongside it all, there has always been a sense of ongoing security.

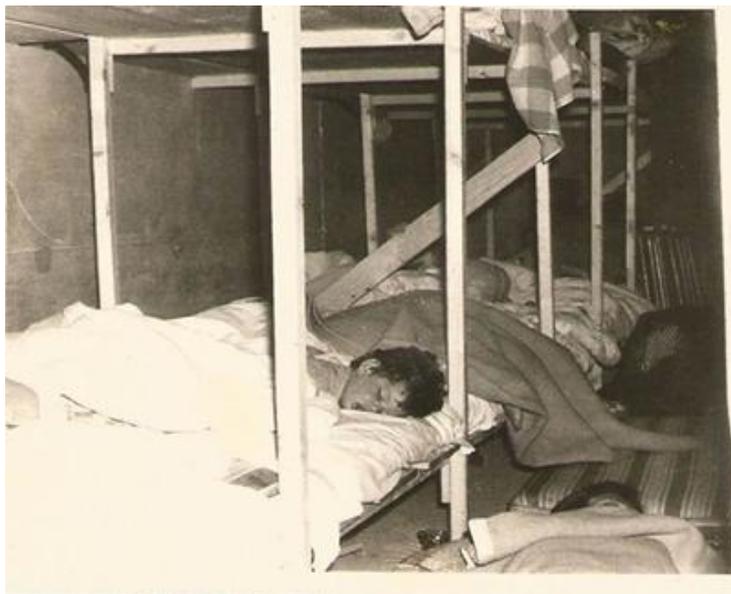
In the first photo on the left:
Danny Levi, Milton Kaplan, and Yitzhak Peleg, taken in 2008.



The three, together with others, were volunteers in “**Matmid**,” the volunteer unit of the Border Police. It was their duty to carry out patrols and set up checkpoints in the area to prevent agricultural theft, catch infiltrators, and more. Milton recounts: once a

member of Yizrael arrived at a checkpoint and did not recognise the guys. They played a trick on him: “Who are you? What are you doing here? Identity card, licence!” They kept him going until everyone burst out laughing and revealed who they were.

The second photo (Below), taken in **1967 during the Six-Day War**, shows children sleeping in a shelter.



Does anyone recognise the child?

Jules Feldman



Everyone is invited!

Community

Give and Take Picnic'

Bring a light picnic breakfast, a mat,
and anything you would like to give away.

🎵 **Saturday 14.03 | 10:00–12:00**
See details below.

Saturday 14.03 | 10:00–12:00
See details below.

The Environmental Quality Committee
and the Culture Committee

Details regarding the “Give an Take” Picnic

Please bring a mat, a small picnic meal, and any items you would like to pass on to others, and come spend some time together.

In order to comply with Home Front Command guidelines, the picnic will take place on two lawns:

- The lawn opposite the Davidson family home, with protected spaces in Bernie’s shelter and the Lower Tzameret shelter behind the Assaf family home.
- The lawn of the senior youth group, with the protected space in the senior youth group shelter (Chevra HaBogeret).

Please pay attention to any alerts and follow the safety instructions if needed.

Stay safe,

The Environmental Quality Committee and the Culture Committee

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Women’s’ Day “Did You Know”? – Edi-tor

We all know that Women live longer than men... But did you know?....

In Israel, as in most countries, **women are much more likely than men to survive into very old age.**

For the **80+ age group**, demographic studies show that the sex ratio is about 637 men for every 1,000 women.

What that means in simpler terms

If you look only at people aged **80 and over: Men: about 39% Women: about 61%**

Most centenarians (people aged **100 or older**) are women.

Typical estimates:

- Many studies and longevity research groups estimate that **around 80–85% of centenarians are women** overall.

Among the very oldest people (110+), the imbalance is even stronger: **about 90% are women.**

Why this happens (briefly):

- Women have **longer average life expectancy.**
- They appear to **survive age-related diseases better**, even if they may have more chronic conditions.
- Historically, men had **higher rates of smoking, dangerous work, and war deaths**, which reduced survival into extreme old age.

(Thanks to ChatGPT for the info and Yitzchak Peleg for the idea for the article – Ed)

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Gender Distribution on Kibbutz Committees

Total number of Kibbutz Committees on Yizrael: 36

Number of women heading Committees: 18

Number of men heading Committees: 18

(NOT BAD but I reckon we would be better off if we had more women running the show – Ed)

ENGLISH IS FUN with Rahel

Ron Brown

Oh, they sound kind of crazy but they're sure lots of fun
when we talk to one another and use idioms.

We know what they mean
But they don't mean what they say
Oh, those idioms
We hear them every day.

There's a frog in my throat
I'm as busy as a bee.
There's no skin off my nose.
You might be barking up the wrong tree.

My mum has a heart of gold.
This job's a piece of cake.
Something's fishy I've been told
Don't take me on a wild goose chase.

My dad has a big green thumb.
He's always pulling my leg.
You'd better hold your tongue.
And my best friend is a really good egg.

Sometimes I have ants in my pants
And the early bird catches the worm.
Let's put on our thinking caps.
It's really fun to learn.

(This poem drives me up the wall.)

Did you know that "NEWSPAPER" means North, East, West, South, Past and Present Event Reporting.

20 Ancient English words that deserve a comeback....

apricity (Latin origin): The warmth of the sun in winter. "Let's sit by the window and enjoy the apricity."

quomodocunquize (17th century English): To make money by any means possible. "He's always trying to quomodocunquize with side gigs."

snollygoster (19th century American English): A shrewd unprincipled person, especially a politician. "That snollygoster would sell his values for a vote."

scripturient (Latin origin): Having a strong urge to write. "She grew scripturient after her travels."

grufeling (Old Scots): Lying close to the fire for warmth. "The cat was grufeling all afternoon."

clinomania (Greek origin): Excessive desire to stay in bed. “Winter mornings fuel my clinomania.”

brabble (Middle English): To argue loudly about something unimportant. “They brabbled over which film to watch.”

Twattling (18th century English): idle gossip or chatter.more next week

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ALWAYS BLAME THE JEWS

“The antisemitism of ‘anti-Imperialists’ is shown by reactions to the Iranian regime.”

Written by **Leo Pearlman** and published on **10.03.26** in *Jewish News*.

There is a rule in modern public life that has become impossible to ignore. Whenever Jews stand on the front line against tyranny, the tyrants somehow become the victims and the Jews become the villains.

It does not matter whether the enemy is Hamas, Hezbollah, or now the Iranian regime. The pattern repeats with almost mechanical precision. First comes the inversion of reality, and then come the conspiracy theories, soon after comes the violence.

Such is the latest confrontation with Iran. Within days, synagogues in Toronto were targeted in shootings. A bomb attack struck a synagogue in Belgium. Flags were burnt and chants calling for genocide rang out across British cities. Across Europe and North America Jewish communities once again find themselves on heightened alert, under attack, with a near 40% increase in antisemitic incidents since the latest phase of this conflict began.

The conspiracy theories are depressingly familiar. Jews pushed the United States into war. Israel controls Western governments. Jewish money manipulates politics. The media is somehow “influenced”.

The words change, the accusations and the tropes never do.

And neither does Antisemitism.

https://www.jewishnews.co.uk/the-antisemitism-of-anti-imperialists-is-shown-by-reactions-to-the-iranian-regime/?utm_source=chatgpt.com

Thank you Issy Levitan for this post - Ed

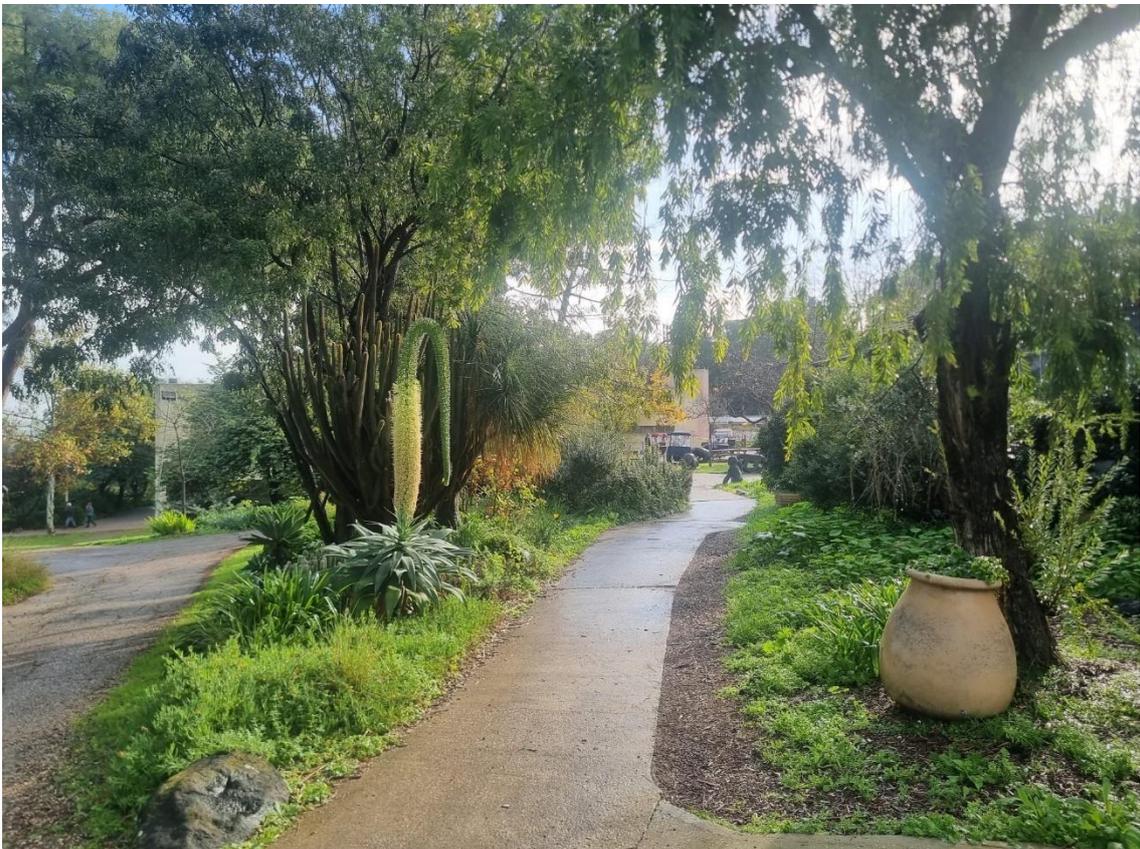
**Spring on Yizrael Supplement:
Through Edi-tor's Eyes**













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Credits and More:

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Disclaimer: The Edi-tor and translator does his best to provide an accurate reflection of the Hebrew Alon. Please be warned that it is not a direct translation. The original Hebrew text is the official version. This is of particular importance when it comes to decisions and procedures!

Not all the material published in the Hebrew newsletter appears in “The Yizraelite”. Considerations of length, readers’ interest and the Editor’s ability to grapple with the subject matter, determine what is included.

Two editions of the Yizraelite. We publish two editions. **The cyber edition** includes more colour photos and occasionally additional long articles. The hard copy is printed in black and white, and therefore there is no point in printing colour photos. We are also limited in length because of printing costs. The hard copy is distributed at the beginning of the following week; therefore, adverts for events that have already taken place over the previous weekend do not appear in the hard copy. Even if you prefer reading the hard copy, we encourage you to scroll through the internet version over the weekend.

Please take into account that we use AI when translating. We proofread, fact-check, and correct the text, but errors may still be overlooked. Be warned.

Note: readers are encouraged to submit letters to the editor, photos, and material for inclusion that does not appear in Hebrew Alon.

